SHAReClinic
Sexual Health and Rehabilitation eClinic

What is SHAReClinic?

Saskatchewan's first dedicated sexual health rehabilitation e-clinic for men before, during and after prostate cancer treatment.

Designed by a multidisciplinary team of healthcare experts from across Canada, the award-winning virtual clinic helps you work systematically toward optimal sexual health recovery.

SHAReClinic offers:

- Personalized education and guidance
- A specially trained Sexual Health Coach
- Guidance on medications and devices
- Emotional and relationship support
- Care for individuals and couples

Virtual & Confidential

Designed to fit into your recovery journey with support available wherever you are.

Questions? We're here to help.

SHAReClinic Team
Jennifer Bond
Jennifer.Bond@emmanuelhealth.ca
306.655.6039

MADE POSSIBLE BY DONORS

SHAReClinic at St. Paul's Hospital is made possible through the generosity of donors to St. Paul's Hospital Foundation as part of the Prostate Cancer Pathway initiative.

Support Today: sphfsk.ca/donate

St. Paul's Hospital & Foundation

In partnership with:

Canadian Cancer Society

MOVEMBER® OFFICIAL PARTNER

UHN Princess Margaret Cancer Centre

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Sexual health is part of prostate cancer recovery.

Personalized, confidential support for men and their partners during sexual health recovery.



Virtual care. Expert guidance. Support for your recovery.

St. Paul's Hospital & Foundation

Sexual recovery is part of recovery.

Prostate cancer treatment can affect sexual health, intimacy and relationships.

You don't have to navigate those changes on your own.

SHAReClinic provides specialized support and practical guidance to help you understand what to expect and take an active role in your sexual health recovery.



FOR YOU AND YOUR PARTNER

You can participate individually or as a couple.

Support can include both the physical and relationship aspects of recovery.

Support designed around you.

You'll be paired with a Sexual Health Coach who will guide you through your recovery.

1 EDUCATION

Understand changes in sexual health following treatment.

2 PRACTICAL GUIDANCE

Support with medications, devices and rehabilitation.

3 PERSONALIZED SUPPORT

Guidance based on your recovery and needs.

4 RELATIONSHIP SUPPORT

Help navigating emotional and relationship changes.

Ready to get started?

Three simple steps:

1 REGISTER

Contact Jennifer Bond for referral code

Jennifer.Bond@emmanuelhealth.ca
or 306.655.6039

2 CHECK YOUR EMAIL

You'll receive an email confirmation with a link giving you access to SHAReClinic.

3 MEET YOUR COACH

Once logged in, you'll be paired with a Sexual Health Coach.

Scan Me

LEARN MORE

sharec.truenth.ca

Your recovery includes your sexual health.

For technical issues:
416.946.4501 ext 2598
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