

the **LifeLine**

St. Paul's Hospital Staff Newsletter



**St. Paul's Hospital
& Foundation**

Together, for Good.

The Light Comes From Us

When I found out that I was being hired by St. Paul's Hospital, I immediately called my mother who was a student and then nurse here at St. Paul's back in the 1960's. On top of that, my father was a board member in our health region and I was born at the Grey Nun Hospital in Biggar so to become a part of Catholic healthcare in Saskatchewan means a lot to me.

I wanted to get the St. Paul's Hospital sacred heart statue logo tattooed on my arm; I was that proud!

So when I heard that we were moving in the direction of a new re-brand (which meant the old logo was going to be replaced!) I immediately asked to be on the committee with the sole purpose of trying to save Jesus! And I was a pain-in-the-butt on that committee the whole time...up until a few weeks ago.

I looked at our Sacred Heart logo and I realized that I was not the first person to cling to the body of Jesus. When Mary Magdalene first saw Jesus after he was crucified, she didn't recognize him; the resurrection had changed somehow.



She only came to recognize him when he called her by her name and immediately she fell to his feet and put a strangle hold on his ankles. She had lost him once, she wasn't going to lose him again. But what did Jesus say to her? He said, "Do not cling to me, I have not yet ascended"(John 20:17).

I, too, wanted to hold on to the body of Jesus but that was *never* the plan. The body was the past. The resurrection was the future. The light of his love has always what was meant to carry on.

The current logo is of the Sacred Heart statue which has been a denizen of Pleasant Hill for over a 100 years. His welcoming arms are not going away. If anything, we have taken him from the roof, to a pedestal to the ground. Now we are putting that light inside each one of us.

...continued

The SPH LifeLine



**St. Paul's Hospital
& Foundation**

Published for and by the employees of St. Paul's Hospital

1702 - 20th Street West - Saskatoon, SK - S7M 0Z9
www.stpaulshospital.org

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The Light Comes From Us continued.

Jesus does not want his face on your t-shirt or mouse pad. What is important is that light.

That light of service and love. That beacon of reconciliation. That fire of healing. Those sparks of justice and the warm campfire of hospitality and welcome.

The image of Jesus (the brand, if you will) evolves and changes because in the end, what is important is not his *visage* but his *message*.

This new brand challenges us to see that light is in each one of us which is why it is so important that each of us engage in the mission that the Grey Nuns entrusted to us so many years ago.

This new brand is a light that helps us to see in the face of those whom we serve the face of a brother; a sister.

Blake Sittler
Director of Mission

"This re-brand is a strong reflection of our identity as a Catholic health organization. It stays true to our mission of serving with compassion and caring for the whole person. It also expresses the values that guide us, and helps to build a more unified and person-centered health system that honours the dignity of every individual."

Corey Miller
President and CEO
Emmanuel Health

"This new brand gives us a stronger way to connect with our community and share the impact of every gift. It brings the Hospital and Foundation closer together with one clear voice and purpose. Through this renewed identity, we can better show how donor generosity brings healing, hope and meaningful change to those we serve."

Lecina Hicke
CEO
St. Paul's Hospital Foundation

Together for Good: A Message of Hope and Renewal



At St. Paul's Hospital, our story has always been about people. From the Grey Nuns who founded this hospital more than a century ago, to the staff, physicians, volunteers, families, and donors who give of themselves each day, St. Paul's is built on compassion, community, and hope.

As we share our refreshed brand, my wish for you is to see yourself in it. This brand is not simply new colours, words, or images: it is a reflection of who we are and who we are becoming together. It is grounded in our *Shared Mission: a community of health, hope, and compassion for all*.

Our new brand affirms that we are a *beacon of hope* for those who come through our doors and for the community we serve. It speaks to the kind of care we provide; holistic, compassionate, respectful of all faiths and walks of life. It also reminds us that the Foundation and Hospice at Glengarda are deeply connected with the Hospital in one shared purpose: to care for the whole person, body, mind, and spirit.

I see this refresh as an invitation to each of us. To live out our values every day—Compassion, Respect, Collaboration, Stewardship, Innovation, Inclusivity, Integrity, and Impact. To see ourselves not only as caregivers, professionals, or

partners, but as stewards of a mission much larger than any one of us.

This is why our work is guided by three Strategic Pillars:

1. Mission Mobilization — engaging staff, volunteers, partners, and families in the healing arts, in spiritual care for all, in service, in acts of reconciliation and in community-strengthening events.

2. Clinical Excellence — pursuing quality and innovation in both community-based and specialized hospital care.

3. Community Mission — extending the Grey Nuns' legacy by working alongside our neighbours in Pleasant Hill to develop a collaborative focused on housing, integrated services, and social innovation that address the roots of health and well-being.

When we say *"Together — For Good,"* we mean that each of us plays a role in sustaining this legacy and building a healthier, more compassionate future. My hope is that as you read this, you will see yourself in our story because this brand is yours. St. Paul's Hospital has always been more than a building; it is a community of people dedicated to hope, dignity, and healing.

We are together, for good.

Carrie Dornstauder
Executive Director
St. Paul's (Grey Nuns) Hospital



St. Paul's Hospital & Foundation

St. Paul's Hospital & Foundation: Together, for Good.

For more than a century, St. Paul's Hospital has been where compassion meets innovation, grounded in strong faith. Since 1982, St. Paul's Hospital Foundation has stood alongside the Hospital, rallying the generosity of our community to bring health, hope and healing to all. Together, inspired by the legacy of the Grey Nuns and guided by our Catholic values, we have built a tradition of care that honours body, mind and spirit.

Now, we are stepping into a new chapter that celebrates where we have come from, and also reflects the promise of where we're going.

Why Rebrand?

We decided to refresh our brand after listening to many voices from inside and outside the Hospital. We set out to honour the history and values that have shaped St. Paul's as a hospital and as a part of the community throughout the years, while creating a brand that reflects our future and the diverse community we serve. By sharing what makes us unique, we affirm our role as a trusted health and community partner,

enhancing the experience and well-being of each person through excellence in care.

What's New

Our refreshed brand unites **St. Paul's Hospital & Foundation: Together, for Good** under one identity and one promise — for our community, for our patients, for our staff ... *for good*.

You'll see it in the new warm and welcoming colours, the modern website, the photographs and stories we share, and in the way we connect in each moment of care and interaction. More than a design update, these are tools to help us share our legacy of holistic service to the community, highlight the transformative projects we take on, and invite more people to be part of our mission, from advancing life-saving innovations to expanding holistic, compassionate care.

How We Did It

Beginning in January 2023, many people and groups lent their perspective to this project. We included individuals from Hospital departments, volunteer groups, partner organizations, the Foundation and Emmanuel Health. We took a thoughtful and deliberate approach, engaging voices from across our community.

With Gratitude

For all the wonderful community members who support us, the patients and families that we serve and those who serve them, **the heart of St. Paul's remains the same.**

This new brand will make it easier for others to see what you already know: that St. Paul's is a place where dignity, compassion and innovation meet to create better care for all.

You have always been an essential part of our story. Every step forward, every life touched, carries your fingerprints. As we enter this next chapter, we are deeply grateful to have you walking alongside us as we build a healthier, more compassionate community for all.

We are **together, for good**.

Shared Mission

A community of health, hope and compassion for all.

Shared Vision

Together, through community collaboration and a steadfast commitment to health equity, we are transforming health care. Guided by Catholic values, we deliver holistic, compassionate care that nurtures body, mind and spirit — welcoming all with dignity, hope and healing.

John Allen

Manager of Marketing,
Communication & Stewardship
St. Paul's Hospital & Foundation

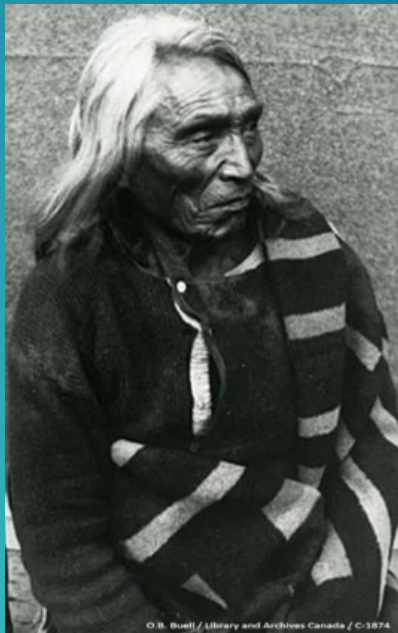


At the Heart of Our History: Holding Relationships and Legacy Together

Carrie Dornstauder

Executive Director

St. Paul's (Grey Nuns) Hospital



Chief Whitecap

At St. Paul's Hospital, we are called to care not just for patients but for the relationships that shape our healing work.

Long before the founding of our hospital, this place was shaped by the leadership and generosity of Chief Whitecap (Wapahaska) of the Dakota Nation. His guidance helped early settlers locate the site that would become Saskatoon. Among those settlers was Gerald Willoughby, a teacher and realtor who became one of Chief Whitecap's close friends.

Their friendship was built on mutual respect. Chief Whitecap developed a relationship of trust between the Nation and Settlers, communicating through Gerald. When members of Whitecap's community traveled to Saskatoon for supplies, Gerald offered them shelter and hospitality—simple acts that deepened understanding between peoples at a time of division. During the 1885 North-West Resistance, when Chief Whitecap was wrongly accused of treason, Gerald stood beside him in court, testifying to his honesty and loyalty. His words helped secure Whitecap's acquittal. This story of courage and friendship continues to remind us that reconciliation begins with relationship.

Years later, that same spirit of compassion and connection shaped the founding of St. Paul's Hospital. In 1907, during a devastating typhoid outbreak, Dr. John (J.H.C.) Willoughby, Gerald's brother and one of Saskatoon's first physicians, opened his home to care for the sick. Two Grey Nuns, Sister Xavier

Guay and Sister Elizabeth Phaneuf, answered a call for help from local clergy and joined him in this work. Together, they transformed his home into the city's first hospital—a place of hope for all who suffered.

The Willoughby brothers, Chief Whitecap, and the Grey Nuns each played a role in shaping a community grounded in care and compassion. Yet these stories also live within a more complex history—one that includes both healing and harm. While the Grey Nuns brought comfort to many, their work unfolded within colonial systems that caused deep pain for Indigenous Peoples and communities.

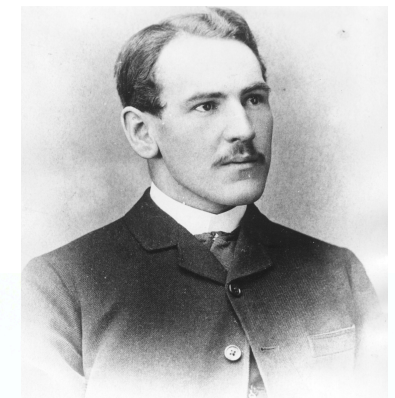
At St. Paul's Hospital, we hold these truths together—with deep gratitude for those whose compassion shaped our beginnings, and sincere humility to acknowledge the wounds that remain. **Together — For Good** is more than our brand; it is a living commitment to reconciliation—to walk alongside

Indigenous Peoples in trust, respect, and shared purpose, renewing the work of healing in relationship.

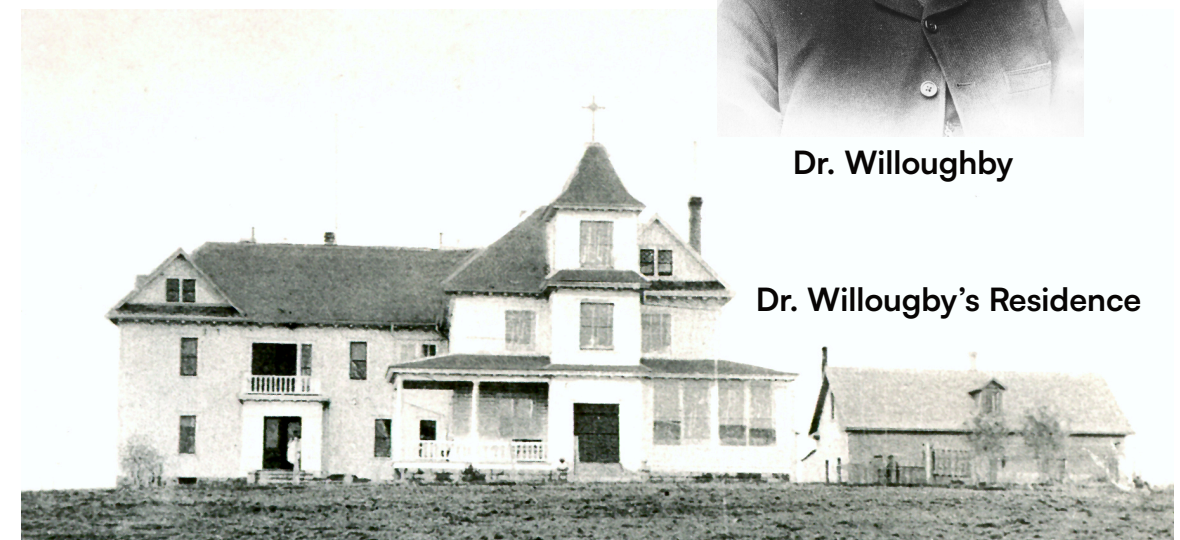
Because at the heart of our mission is this: healing doesn't begin at the bedside—it begins in relationship. And it always will.



Sister Guay and Sister Phaneuf



Dr. Willoughby



Dr. Willoughby's Residence

Join Spiritual Care & Healing Arts Practitioners
Dorothy & Marlessa for...

CONTEMPLATIVE PAINTING & SOUND BATH

A JOURNEY THROUGH SOUND & COLOUR
FOR SPH STAFF

- Paint intuitively to crystal bowl soundscapes.
- Unwind from your workday through colour & sound.
- No artistic experience necessary. Supplies provided.

Monday Oct 27th

4:00-5:30 PM

SPH Healing Arts Studio (level 1)

What We'll Do:

Let sound guide your brush and colours.

Explore creative expression without pressure.

Decompress in a peaceful, meditative setting with colleagues

Questions?

Dorothy 655-5884

Marlessa 655-0514

RSVP: LIMIT OF 6

Marlessa.wesolowski@saskhealthauthority.ca



**St. Paul's Hospital
& Foundation**



Marlessa & Dorothy

What Is a Sound Bath?

A sound bath washes over us with a symphony of sensations. This meditative practice often brings feelings of openness, release, peace, and wonderment. Everyone experiences it uniquely, making the shared group experience a beautiful opportunity for deeper connection. The tones and vibrations from the crystal singing bowls move in rhythm with the presence of our spirits. These frequencies help align and center us—often creating a sense of energy, grounding, and inner clarity. As with any practice, you are the best judge of what feels right for you. Come as you are, and engage at your own comfort level. We invite you to pause, paint, listen, and reconnect—with yourself and with others. No experience necessary.

Facilitated by Spiritual Care and Healing Arts Practitioners, Dorothy and Marlessa. This special workshop is designed for staff to explore, reflect, and connect through the powerful combination of creative expression and sound healing.

- Paint intuitively to crystal bowl soundscapes.
- Unwind from your workday through colour & sound.
- No artistic experience necessary and supplies are provided.

"I was surprised and delighted to see an offering like this for staff. I felt really grateful for this as I slowly unwound from my busy day and got to slip into a more meditative flow state and create something. St. Paul's Hospital is a really special place and the Healing Arts Program is a huge part of this. It benefits patients, families and staff in many ways on a daily basis. I am honoured to be a part of the St. Paul's Hospital team!" - Melanie Sadler



Honouring the National Day for Truth and Reconciliation at St. Paul's Hospital



St. Paul's Hospital Foundation Staff:
Trish Cheveldayoff (Manager of Major Giving),
Effie Domes (Director of Finance and
Operations), Lecina Hicke (CEO), Jesse
Greenwood (Annual Giving Officer), Sandra
Miller (Major Gifts Officer), Daniel Crawshaw
(Manager of Annual Giving).

We recently held two meaningful events at St. Paul's Hospital in recognition of the National Day for Truth and Reconciliation. We started the morning with Teedly and Bluejay Linklater leading a beautiful cleansing ceremony (smudge) and a circle of singing and storytelling. They shared from the heart, and their presence deeply impacted more than 60 participants, including children, patients, and staff. We are grateful for the opportunity to learn from them and to be part of such a powerful and healing experience. This was the first time some of our staff have participated in a ceremony like this.

We also welcomed Lyndon Linklater, a Knowledge Keeper and traditional storyteller. Lyndon shared his personal story and began teachings on Traditional Indigenous Sweat Lodges. Lyndon has opened up his family's Sweat Lodge to St. Paul's Hospital staff. If you are interested in participating in a Sweat Lodge, please contact: blake.sittler@saskhealthauthority.ca to receive more information and be invited to the next talk with Lyndon so to learn and prepare before attending.

One conversation that impacted me was about language. Many Indigenous languages have been taken away, yet they hold deep cultural and spiritual significance. What struck me was the contrast: we often travel to countries like Kenya (where I lived for six years), where

there are over 40 tribes and over 40 languages spoken, and we celebrate that diversity with awe. Yet here at home, we have not shown the same reverence or celebration for the Indigenous languages and nations of this land. It's time to celebrate the languages and cultures that are the history of this land. We need to celebration the tribes, languages and culture of this land.

I've heard it said more than once now: seven generations have been impacted by inter-generational trauma, and it may take seven generations of healing to see full reconciliation. There is work that needs to be done, and it is work, it will take time, and it is incredibly important to participate in the journey of reconciliation in Canada. This is part of our treaty relationship.

While September 30th is the National Day for Truth and Reconciliation, our responsibility does not end there. We must live in the Spirit of Truth and Reconciliation, it's a daily commitment. Participating in events like these is not a box to check but an act of reconciliation, part of an ongoing journey that we are all invited into.

I am on my own personal journey, and I encourage you to walk yours, with action, purpose, engagement and an open mind and heart.

Ashley Drayton
Mission Office Coordinator



Lyndon Linklater



Teedly & Blue Jay Linklater

If you are interested in
participating in a Sweat Lodge for
SPH Staff contact:
blake.sittler@saskhealthauthority.ca

A New Chapter for Healing at St. Paul's Hospital

For many years, St. Paul's Hospital in Saskatoon has been known as a place of care and compassion. Yet, for Indigenous patients and families, the hospital experience has not always reflected the full meaning of wellness. Spiritual well-being, traditional healing, and culturally safe spaces were often limited, leaving many without the comfort of practices that have guided generations toward balance and recovery.

That is now changing.

The new Healing Centre at St. Paul's Hospital & Foundation represents a transformation in how care is delivered — one that honours both modern medicine and Indigenous ways of knowing. It is being built alongside the hospital's expanded front entrance, symbolizing a welcome that is open to every person, culture, and faith.

At the heart of this new space is the recognition that healing is more than treatment. It is connection to spirit, to land, to ceremony, and to community. The Healing Centre will provide dedicated space for smudging, prayer, drumming, and ceremony. It will be a place where Elders, Knowledge Keepers, and patients' families can gather in dignity and safety, knowing that their traditions are respected as integral to health and wellness.

Indigenous Leaders from the community, including the Saskatchewan Health Authority's First Nations and Métis Health team has been deeply involved in shaping the vision of this centre. Through years of dialogue, partnership, and trust-building, they have worked to ensure the space reflects the values of wâhkôhtowin — relationship — and miyo-pimâtisiwin — the good life. Their presence will support ongoing engagement with

Indigenous communities, guide staff in cultural responsiveness, and provide direct connection to traditional healing practices.

What makes this project unique is not just the bricks and mortar, but the philosophy it represents. This is reconciliation in action: a shared goal to create a health system that is not only medically excellent, but spiritually safe and inclusive. The Healing Centre bridges a history of limited space for Indigenous practices with a future where those practices stand alongside Western medicine, equal in value and importance.

When the Healing Centre opens, St. Paul's Hospital and Foundation will stand as a place of true partnership — where patients can experience care that tends to body, mind, and spirit. Together, we are building a brighter, healthier future for everyone who walks through its doors.



An Invitation to Live the Mission

At St. Paul’s Hospital & Foundation, we share a mission:

To be a community of health, hope, and compassion for all.

As we move forward in this calling, we invite you, the dedicated staff of St. Paul’s Hospital, to not only support this mission, but to live it every day.

Together, we live out our shared vision:

Together, through community collaboration and a steadfast commitment to health equity, we are transforming health care. Guided by Catholic values, we deliver holistic, compassionate care that nurtures body, mind, and spirit — welcoming all with dignity, hope, and healing.

We are calling you to feel a pull towards purpose to journey together in in this mission & vision.

Tockify is one resource we have provided you to stay connected and stay involved in what is happening at St. Paul’s Hospital and in our community. Whether it be from an event held at the hospital or participating in a community clean up we are here to live with purpose and live in mission as the staff of St. Paul’s Hospital. We encourage you to check the calendar regularly, stay engaged, and take part in the vibrant life of our hospital community. Please note that where, appropriate, professional competency certificates will be provided for events or seminars attended!

Together, we grow. Together, we lead. Together, we make a lasting impact.

We invite you and urge you to step into the mission at St. Paul’s Hospital because this task isn’t possible to do alone but rather, **together, for good.**

Access the SPH Event Calendar here:
tockify.com/sphevents

You can choose from three viewing options:

- Pinboard (visual layout)
- Agenda (vertical list)
- Monthly (traditional calendar view)

Pick the format that works best for you—and don’t forget to subscribe!



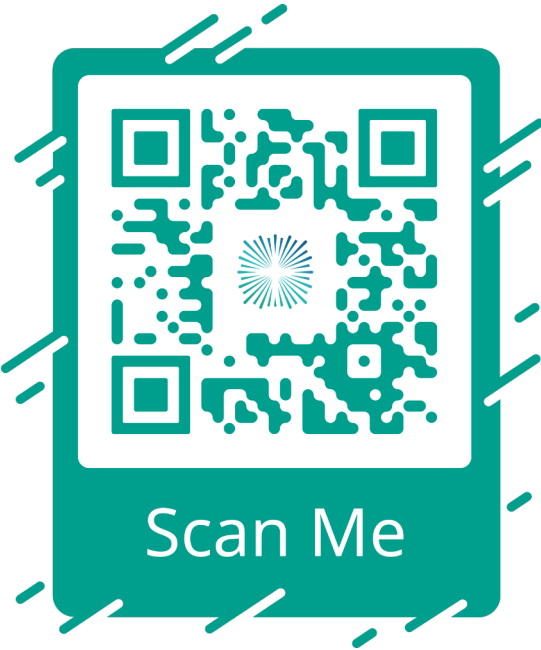
Scan Me

St. Paul’s Hospital & Foundation Professional Development Fund

The St. Paul’s Hospital & Foundation Professional Development Fund is open for all St. Paul’s Hospital nurses, IPP and operational staff working within SPH, who wish to improve their skills, pursue advanced competency training or participate in pertinent conferences and workshops.

Empower your growth.

Scan the QR code to explore how the new \$40,000 St. Paul’s Hospital & Foundation Professional Development Fund can support your next step in advancing care and innovation at St. Paul’s Hospital.



John Allen

Manager of Marketing,
Communication & Stewardship
St. Paul’s Hospital & Foundation

If you ever need St. Paul’s Hospital & Foundation brand resources - like our brand guidelines, the new logo package, or advice on best practices — John Allen, our Manager of Marketing and Communications, is your go-to person. John is always happy to help make sure your materials look great and stay true to the spirit of St. Paul’s. Don’t hesitate to reach out if you have any questions or want a bit of guidance on how to bring our brand to life in your work!

John Allen
C: 306.227.2025
E: john.allen@sphfoundation.org

Long Service Awards Banquet

Wednesday November 19, 2025

Prairieland Park - Saskatoon Saskatchewan

At St. Paul's, we deeply value the dedication and hard work of our staff. One way we show our appreciation is through the Long Service Awards Banquet, celebrating employees who have reached milestone years of service in five-year increments.

Evening Events

- 5:30pm - 6:30pm Cocktails
- 6:30pm - 8:15pm Dinner & Program
- 8:15pm - 9:00pm Closing

Come enjoy live music, photo booth, delicious dinner, and time to honor staff who have served St. Paul's Hospital and Saskatchewan Health Authority for many years, including retirees!

All recipients will receive an RSVP email, *please confirm your attendance as soon*

as possible. Additional tickets must be purchased by November 3, 2025.

Tickets are available for purchase at the cashier desk on the main floor of St. Paul's Hospital (beside the test center, first floor, A wing).

- Recipients / Retirees: Free
- (please RSVP through the email invite)
- Plus one: \$30.00
- Extra guests: \$60.00
- SPH Managers: \$30.00

If you think you are in one of your fifth years of service (5th, 10th, 15th...) and have not heard anything yet, please reach out to Ashley Drayton, she will review your situation.

ashley.drayton@saskhealthauthority.ca
306.655.5808



ST. PAUL'S HOSPITAL ANNUAL

CHRISTMAS CRAFT & ART FAIR



Calling all SPH artisans!



- Limited spots available
- Registration fee: \$35.00
made payable to the SPH Foundation
(Payment confirms your spot)
- Registration fee goes to SPH Green Thumb
Committee initiatives
- Tables provided

DATE: THURSDAY NOV 20th
9:00 – 3:00
SPH Cafeteria

TO REGISTER CONTACT
MICHELLE 5929
MARLESSA 0514



**St. Paul's Hospital
& Foundation**



Introducing the Diocesan Chaplains



Priests working with the diocesan Hospital Chaplaincy Office to provide sacraments and spiritual care in Saskatoon hospitals:
Msgr. Don Vito Pavilando, Fr. Daniel Louh, and Fr. Benedict Arakkal.
(Photo by Kiply Lukan Yaworski, Catholic Saskatoon News)

I am pleased to introduce to you the hospital chaplains supporting Catholic patients in Saskatoon. Fr Benedict Araakal is the full-time hospital chaplain. He is from Kerala, India. Fr Daniel Louh is working part-time and is assigned to St Paul’s hospital Tuesday & Wednesday. He is from the Ivory Coast, West Africa. Monseigneur Don Vito Pavilando is the chaplain assigned to Sunday Mass at St Paul’s hospital at 4:00 pm. He is from the Philippines.

The RC diocese has been working to expand its religious presence at St Paul’s hospital. As a faith-based hospital, there is a greater expectation that religious are available to help support the needs of the patients. Because of growing demand, the diocese employed a new,

part-time priest this past spring to support patients.

In other news, a new memorandum of understanding by the Roman Catholic diocese of Saskatoon and the Saskatchewan Health Authority was created and signed. This memo, “*endorses the principle that all persons have a right to the spiritual and religious care of their choice, including while receiving care at an SHA acute care facility*”. Through this memo, our partnership with healthcare staff can continue, improving patient care. Other churches including the United Church, Lutheran, Anglican and the Ukrainian Eparchy has also signed this memorandum of understanding.

Fr. Benedict Arakkal, Fr. Daniel Louh, and I continue our hospital visits, providing support to those who have requested it. We are thankful for the opportunity to continue supporting patients in every hospital.

Jacqueline Saretsky
Coordinator of Hospital Chaplaincy
Roman Catholic Diocese of Saskatoon



Meet the St. Paul's Hospital Spiritual Care Team



St. Paul's Hospital & Foundation



Dave



Julie



Robin



Dorothy



Michael



Simon



Irene



Noreen



Tim

Contact us at 306-655-5884

Scrubs Memo

From: 3SHealth Provincial Linen Services and K-Bro Linen Systems



K-Bro is experiencing a shortage on green scrubs this past week and asking for your help. The SHA customers can support and help mitigate these concerns by only ordering what is required and continuously circulating inventory.

Please ensure you are only taking what is needed for your shift and not stock piling scrubs in your lockers as this is only escalating the problem. K-Bro is expecting a drop shipment to arrive within the next week but want to ensure they have enough inventory to supply the emergency areas first.

- Priority is given to surgical areas that require scrubs
- Scrubs are meant to be used in cases where the staff have a high incident of being exposed to blood and body fluids
- We continue to ask staff to change out of scrubs prior to going home

Some of the low priority areas might see substitution of other sizes until this inventory concerns has resolved.

Therefore, inventory continues to not be returned as quickly as it is going out. K-Bro is doing their due diligence to mitigate this best they can.

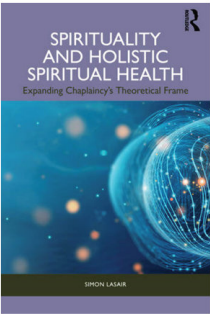
Reach out to your K-Bro or 3sHealth Customer Service representative if you have any questions or concerns.

Shelley Cutler

Linen Lead, Provincial Linen Services

You're Invited to the Book Launch and Celebration for Simon Lasair

Join us in celebrating the launch of “Spirituality and Holistic Spiritual Health, Expanding Chaplaincy’s Theoretical Frame” by Simon Lasair, Robert Steane Holistic Research Chair. Over the past four years, Simon has been researching the impact and value of spiritual care and the healing arts within a hospital setting. His groundbreaking research has now culminated in a powerful new book that weaves together insights on spirituality, healing, and holistic health. Come be part of this special event as we honor Simon’s work and its contribution to the field of holistic care.



October 22, 2025
G30 - C Wing
10:00am - 10:30am

Refreshments will be served, we look forward to seeing you there!

Spiritual Health Awareness Week: October 19 - 25, 2025

Keep a look out for posters around the hospital and www.tockify.com/sphevents for more details!

SPH Muslim Prayer Room

Location: B2.85.3

(In the same hallway as Interprofessional Practice)

This little space of no more than 50 square feet means so much. It’s a place of reflection, connection and rejuvenation. When the world around us is so unpredictable and chaotic, it helps to know that there is a safe refuge, where we can put our worries in the hands of our Creator, the one in charge of everything and everyone.

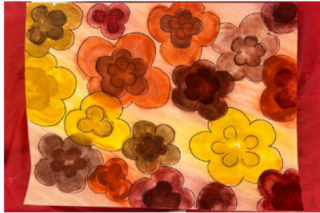
“a place of spiritual and mental recovery in between patient care” is how one patron has described the prayer room.



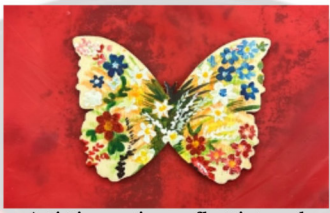
Thank you SPH mission office, administration and management for providing this space.

Prayers and wishes,
Muslim Employees and Students
SPH, SHA & University of Saskatchewan

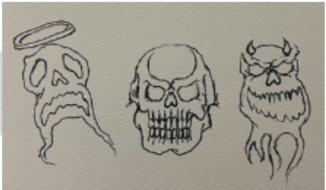
Holistic Healing Through the Arts - Patient and Client Voices:



Different colors symbolize different elements. Shades of red, orange, and yellow reflect courage, regeneration, and strength, all aspects essential to the healing process.



Artistic creations reflect internal emotions, and the colors selected visualize these feelings. For instance, bright colors represent joy and happiness. Art also encourages exploration of one’s deeper self.



Art places an individual in the moment and captures imagination and creativity. Art facilitates release and expression of emotions and feelings on paper and provides an avenue towards good health and good outcomes.

Truth and Reconciliation Responsive Art



Artwork tells a story, reminisces events, and captures memories. Further, art heals through spiritual expression.

Art is practiced for healing, enjoyment, growth, and connection while representing one’s story. The **Healing Arts Program** embodies these principles by fostering self-expression and collaboration through artistic creation. The presented artistic pieces reflect **active participation in traditional and alternative forms of healing** within a healthcare setting, thus responding to TRC Call to Action 22. Reconciliation is a dynamic process that varies across individuals. Health providers must **acknowledge and respect** these diverse experiences of reconciliation and take **actionable steps** to support holistic practices.



There is natural inspiration behind artwork. Art represents past experiences and illustrates personal enjoyment such as being on the water.

St. Paul's
Healing Arts
Program



UNIVERSITY OF SASKATCHEWAN
College of Medicine
MEDICINE.SASK.CA

Project Partnership

- St. Paul's Hospital (Emmanuel Health)
- Ministry of Health
- March Schaffel Architects Ltd.
- St. Paul's Hospital Foundation
- Graham Construction
- Saskatchewan Health Authority
- Ministry of SaskBuilds and Procurement

Audience

This huddle note is intended for SPH physicians and staff to support consistent communication throughout the duration of the SPH Front Entrance Project. **SPH leaders, please share this information at huddles with your staff.**

Highlights

- Operational readiness planning for the grand opening and the first patient day is progressing well.
- Conducted departmental block testing in the construction area in August and September 2025 as part of the operational readiness plan.



Exterior landscape work in progress



Entrance to the Ceremony Room & First Nations & Métis Health area

Recent Work Completed

- ✓ Ceiling work in the First Nations & Métis Health office area
- ✓ Pavement for new Emergency Department roadway and roundabout
- ✓ Curbs and sidewalks work
- ✓ Painting in the Ceremony Room, Gift Shop, and basement areas
- ✓ Terrazzo floor work
- ✓ Vendor selection for new furniture and fixtures

Date

August 2025
 August 2025
 August 2025
 September 2025
 September 2025
 September 2025

6 Week Look Ahead:

- Foundation donor wall work continues
- Painting in the lobby area continues
- Electrical panel and data drop work continues
- Gift Shop millwork continues
- Exterior landscape work continues

Date

September – October, 2025
 September – October, 2025
 September – October, 2025
 September – October, 2025
 September – October, 2025

NEXT UPDATE: October 21, 2025



**MONDAY
NOVEMBER
03**

Pylypchuk Hall
12:00pm

Part of SHA's
 Ethics Week

Navigating End-of-Life Conversations

High quality care includes the ability to respond to the concerns and needs of patients and families at the end of life. However, most professional training programs do not adequately prepare clinicians for these conversations. This talk will explore how we can become more “death literate” as we accompany those we serve during the times when care does not include the possibility of cure.

FREE LUNCH

Available for the first **80**
 participants
 in-person in
 Pylypchuk Hall

No registration required!



Darcy Harris, RN, RSW, MEd(couns), PhD, FT is Professor Emeritus of Thanatology at King's University College/ Western University in London, Canada. She is also a faculty member of the Portland Institute for Loss and Transition, offering certification in meaning-oriented grief therapy. She is a co-editor for Routledge Publishing Company's *Death, Dying, and Bereavement Series*, and an internationally recognized author, speaker, and leader in the field.

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PLEASE JOIN US FOR A

HALLOWEEN PARTY

OCTOBER 31
11:00 - 2:00



SPH Cafeteria

Spooky karaoke, creepy colouring
and pumpkin decorating
Participants get a free treat!

STAFF: Send a photo of your costume to
Ashley.drayton@saskhealthauthority.ca for the
chance to win an additional prize